

2021/2022 BUILD BACK A BETTER BORDERS RECOVERY FUND

Assessment Form

For the purpose of assessment, projects have been ranked high, medium or low to reflect how strongly the application meets the criteria of the Build Back a Better Borders Recovery Fund.

High – a strong demonstration of how the project will assist recovery from the pandemic

Medium – provides acceptable examples of how the project will assist recovery from the pandemic

Low – lacks detail of how the project will assist recovery from the pandemic

1. Applicant Details

Organisation name	Ettrick Forest Archers					
Organisation structure	Constituted group					
Application reference	BBBB/EIL/12					
Theme of application	Sport	Arts & culture	Environment	Community capacity	Community resilience	Intergenerational activity
	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				
Project start date	November 2021			Project end date	April 2022	

2. Organisation's Finances

End of year balance	£4,586.93
Current bank balance	£5,687.24
Total cash/Unrestricted reserves available & purpose	£2,212.00
Total restricted /committed funds & purpose	£3,475.00

3. Project:

Outline of what the group plan to do to help people recover from the pandemic. Projects will be ranked higher if the application strongly demonstrates that they are meeting an identified need in the community.

High **Medium** **Low**

In conjunction with the active schools coordinator for the area, Karen Cornwell, Ettrick Forest Archers is planning to hold open days before the start of the new season in March for secondary school pupils in the area to try and build up its junior section. It is hoped that with an increase in the junior membership, some of them would assist in the administration of the website and Facebook social media page, improving the knowledge of our senior members and publicising its facilities more.

The group also plan to generate interest in archery and increase its number of members in 2022 by giving demonstrations and "Come and Try" sessions at events such as Traquair Medieval Fare and Scott Fest.

Funding from the BBBB Recovery Fund would allow the group to purchase the new and necessary equipment to host the aforementioned open days and the "Come and Try" sessions. The funding would also allow the group to offer the opportunity of four free two-hour training sessions to the first five new junior members and first five new senior members (of pensionable age) who wish to join the club as well as a one year's membership and all equipment hire and field fees for the ten new members.

Evidence of individuals, groups or communities likely to benefit from the new initiative and how they have been affected by the pandemic:

High <input type="checkbox"/>	Medium <input checked="" type="checkbox"/>	Low <input type="checkbox"/>
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By introducing the "Come and Try" sessions as well as the opportunity to commit to the sport for a year at no cost to the first ten members, the group are giving a huge range of individuals a chance to experience the benefits that the sport provides by removing the potential financial barriers.

Whether participants are young, adult or elderly, the vast majority have been affected in some way by the pandemic and the subsequent lockdowns and social isolation. As communities begin to return to normality, these activities encourage people to get back out into the outdoors, take on a new sport whilst maintaining a tradition that has been around for many hundreds of years, offering a sense of belonging in the community and keeping alive the history of the region.

Expected impact of the new initiative and how will it help those most in need recover from the pandemic

High <input type="checkbox"/>	Medium <input checked="" type="checkbox"/>	Low <input type="checkbox"/>
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Longbow archery provides the opportunity of outdoor activity for all members of the community – Ettrick Forest Archers have members aged 13 - 88. The sport offers general exercise, increased vascular activity, and greater social interaction between generations.

The sport takes place outside and provides various mental health benefits, such as a reduction of stress levels and an elevation in mood and helps fight against depression and anxiety. During a competition, walking can be up to 8 miles in one day. As communities transition from the lockdowns, many people's physical and mental well-being has been affected and getting outside and walking whilst doing sport is a great way to regain fitness for all ages.

The group hope its intergenerational project will encourage the different age groups to recover together and learn to be more tolerant. When taking part in archery, participants' skills and technique develop as they develop strength especially in the core, upper back and arms. Furthermore, when training participants need to be able to stay calm to stay in control, be able to concentrate by focusing on the shot and ignoring distractions. These are all skills any student requires especially when some are taking exams for the first time.

Archery also allows time for socialising which has many benefits including self-confidence which students need when starting a new job or a new course at further education and which adults and elderly members may have lost due to 18 months in isolation. As the group aims to make its project intergenerational, it hopes that all members will also gain a sense of belonging and understanding of themselves and others and an acceptance in society. By bridging the gap and learning about each other, Ettrick Forest Archers hope that it will be able to support its members out in the community and feel supported by each other should they need support. Similarly many of the older generation have been isolated and unable to do some of the more energetic sports but would be able to shoot a longbow and walk between the targets at a gentler pace.

4. Project Expenditure:

Total Project Cost	£7,447.22
10% organisation contribution	£747.22
Request to BBBB	£6,700.00

Item of expenditure	Cost
3 x portable green back stop nets	£336.00
2 x portable take down basketball stands adapted for safety net use	£200.00
Pulley blocks rope and pins to anchor erected nets	£50.00
8 sets of 6 standard practice wooden arrows	£285.00
20 x Leather arm guard PPE	£250.00
Leather finger guard PPE - 15 right handed, 5 left handed	£33.50
Wasp arrow-finder metal detector	£119.00
Target faces for use at recruitment days	£110.00
2 x straw Target butts	£299.00
4 x replacement basic wooden longbows	£1,400.00
2 x commercial quality gazebos 4M X 6M	£1,999.90
6 x warning & safety signs & boundary tape	£80.56
Training costs (5 x new juniors, 5 x new adults)	£800.00
6 months membership & equipment use (5 x new juniors, 5 x new seniors)	£1,325.00
Target face pins	£29.76
10 x archery quivers	£129.50

Match/other funding sought:

Funder	Funding Requested	Status
	£	
	£	
	£	

Grants received from Scottish Borders Council or any other funder within the last three years

Date	Project Title	Amount
		£
		£
		£
		£
		£

SBC OFFICER ASSESSMENT	
Comments	<p>The application meets the criteria of the BBBB fund</p> <p>The application scores medium/high as it is a new project looking to attract new members to the sport.</p> <p>The project aims to remove any financial barriers to participation and provides funded spaces for 10 individuals.</p> <p>The project will aim to be intergenerational.</p>

Additional terms and conditions required	<p>The applicant must follow Scottish Government COVID-19 guidance</p> <p>If successful we would expect the report to evaluate their project, with a specific focus on;</p> <ul style="list-style-type: none">• Number of juniors attending the open day• Number of full membership opportunities taken up• Number of individuals progressed into volunteering opportunities within the club
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